



GRIEF SUPPORT GROUP

Help and encouragement
after the death of a loved one

GriefShare is a special weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help.

Contact Us Today

Thursdays 6:30pm - 8:30pm
September 10 - December 10
Carmel United Methodist Church
Room 121/122
For more information,
contact Jan Lefton @
(317) 727-4392



Life-changing, effective

Pastors, church staff, and lay leaders report that GriefShare is consistently effective in helping grievers rebuild their lives. As group members heal, some desire to assist in leading GriefShare, creating the potential for a self-perpetuating ministry.

Group leadership

The leadership team for GriefShare consists of people who understand how you feel and have a real concern for individuals experiencing the grief of loss. Most GriefShare leaders have experienced significant losses in their lives and are examples of the healing and restoration that can occur as an outgrowth of deep grief.

It hurts to lose someone. Find help at GriefShare.

GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.

**"Going to
GriefShare feels
like having warm
arms wrapped
around you when
you're shivering."**

